

Katherine Stricker

kistric@clemson.edu | (703) 635-6543 | Clemson, SC

EDUCATION

Clemson University Clemson, SC
Bachelor of Science in Spanish and International Health May 2023
Minor in Psychology GPA 3.7/4.0
Clemson Dean's List: Spring 2020, Fall 2020, Spring 2021, and Fall 2021
Clemson President's List: Fall 2022

University of Costa Rica-Sede de Occidente Spring 2022
Study Abroad (18 Credits) San Ramón, Costa Rica

RELEVANT EXPERIENCE

The Institute for Wellness Education May 2022 - August 2022
Content Creator and Social Media Marketing Intern Teaneck, New Jersey

- Developed more than 25 health coaching scenarios as part of the online library
- Created multiple presentations to be used for coaching appointments
- Facilitated motivational interviews with potential patients and learned techniques for proper responses

Citi Open Tennis Tournament July 2022 - August 2022
Operations and Social Media Intern Washington, D.C.

- Generated daily content for Instagram (27k followers) and Twitter (31k followers)
- Ensured efficient assembling and disassembling of the tournament site
- Interacted with players and tournament staff to ensure smooth operations throughout the week

Excel Rehab and Sports September 2021 - December 2021
Clinical Aide Clemson, SC

- Assisted physical therapists in a busy rehabilitation center by working with patients and ensuring a sanitized work environment
- Provided care services including physical treatment as well as administrative care management
- Managed equipment and supplies throughout the center and confirmed proper maintenance

RESEARCH

Assessing Student Health - Creative Inquiry August 2022 - December 2022
Clemson University Clemson, SC

- Synthesized and analyzed data regarding diet and physical activity among minority students at Clemson University from the 2022 National College Health Assessment (NCHA)
- Assessed the correlations and developed interventions based on what issues were most prevalent

Internship Abroad - Independent Research January 2022 - May 2022
UCR San Ramón, Costa Rica

- Shadowed in a local hospital to research the factors that impact the ability to breastfeed
- Compiled results into a journal article to present in front of classmates and administration at the University of Costa Rica

LEADERSHIP

Clemson Language and International Health Club Fall 2021-Present
Club Secretary

- Plan and schedule events for members of the club
- Coordinate with professors and contacts in the community to advertise and organize club events

Spanish Professional Society Fall 2022-Present

- Learn about the traditions, customs, and culture of Spanish speaking countries
- Explore job opportunities abroad through guest speakers and assignments for the club